

Biography

Long-form

Kristan Braziel is a marketing consultant, freelance copywriter, blogger, and author of *You Should Write a Book! True Tales of An Unstable Life*.

The book, Braziel's debut novel, is a humorous memoir that takes the reader through a series of calamities that began in the 1970's, and continue today. In the book, she shares her most vulnerable attempts at "normal" relationships and parenting, all of which, the reader soon realizes, are tinged with borderline personality disorder, making for disturbingly funny storytelling.

A contributor to some of the web's most popular blogs, like The Huffington Post, NBC's Today Show Parenting Team, She Is Fierce, and BlogHer, where she was featured as an Editor's Pick, Braziel writes with a conversational voice that makes you feel like you're sharing dirty gossip over a hot cup of cocoa.

In her online blog, *Bring Mommy A Martini*, aimed at guiding people through what she calls, "the messy parts of life," Braziel shares more of her own missteps and hilarious perspective on daily life as a human being.

Braziel lives north of Austin, Texas, with her husband, two sons, and two Lab-mix rescues. When she's not writing or reading, you'll probably find her and her partner, Lilly the Therapy Dog, volunteering at local schools, or – more likely – canoodling a Mexican martini.

Short-form

Kristan Braziel is a freelance copywriter, blogger, and author of *You Should Write a Book! True Tales of An Unstable Life*.

The book, Braziel's debut novel, is a humorous memoir where she shares her most vulnerable attempts at "normal" relationships and parenting, all of which become tinged with borderline personality disorder, making for disturbingly funny storytelling.

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"Everyone needs this kind of honesty and levity in their lives! It's a MUST read for anyone who wants to laugh at all. So freaking hysterical...and real."

- Jennifer, Amazon review